



Kindergarten Roundup

Canyon Vista Elementary School

"Home of the Crocodiles"

January 26, 2023



CUSD Health Requirements

Kimberly Bryan
District Nurse

kdbryan@capousd.org





School and Your Child's Health

Kindergarten Orientation



Health at School

When to keep your child home:

- Temperature of 100.4
 - Vomiting and/or diarrhea
 - Chills, Nausea, Sore Throat, Cough
 - Undiagnosed rash
 - Unusually red eyes with drainage (not allergy related)
 - Active lice
-

Health at School - When to keep your child home



Fever ($\geq 100.4^{\circ}\text{F}$)



Sore throat



Cough



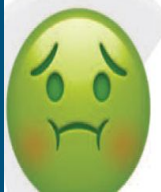
Congestion/runny nose



Headache



Difficulty breathing



Nausea/vomiting/diarrhea



Fatigue/muscle
or body aches



Loss of taste/smell

Medication at School (including over the counter medications)

- Requires doctor's order/parent consent form
- Should be dropped off by parent to front office
- Must be in original container with pharmacy label
- Kept in a locked cabinet in the health office



Report of Health Examination

Complete after February 15,
2023

CUSD recommends this be completed before
entry into Kindergarten or 1st grade

Blank form is in kindergarten packet

Can be completed at same time as a well child
visit

State of California—Health and Human Services Agency

Department of Health Care Services
Child Health and Disability Prevention (CHDP) Program

REPORT OF HEALTH EXAMINATION FOR SCHOOL ENTRY

To protect the health of children, California law requires a health examination on school entry. Please have this report filled out by a health examiner and return it to the school. The school will keep and maintain it as confidential information.

PART I TO BE FILLED OUT BY A PARENT OR GUARDIAN

CHILD'S NAME—Last First Middle BIRTH DATE—Month/Day/Year

ADDRESS—Number, Street City ZIP code SCHOOL

PART II TO BE FILLED OUT BY HEALTH EXAMINER

HEALTH EXAMINATION
NOTE: All tests and evaluations except the blood lead test must be done after the child is 4 years and 3 months of age.

REQUIRED TESTS/EVALUATIONS	DATE (mm/dd/yy)
Health History	/ /
Physical Examination	/ /
Dental Assessment	/ /
Nutritional Assessment	/ /
Developmental Assessment	/ /
Vision Screening	/ /
Audiometric (hearing) Screening	/ /
TB Risk Assessment and Test, if indicated	/ /
Blood Test (for anemia)	/ /
Urine Test	/ /
Blood Lead Test	/ /
Other	/ /

IMMUNIZATION RECORD
Note to Examiner: Please give the family a completed or updated yellow California Immunization Record.
Note to School: Please record immunization dates on the blue California School Immunization Record (PM 296).

VACCINE	DATE EACH DOSE WAS GIVEN				
	First	Second	Third	Fourth	Fifth
POLIO (OPV or IPV)					
DtaPDTdPTd (diphtheria, tetanus, and [acellular] pertussis) OR (tetanus and diphtheria only)					
MMR (measles, mumps, and rubella)					
HIB MENINGITIS (Haemophilus influenzae B) (Required for child care/preschool only)					
HEPATITIS B					
VARICELLA (Chickenpox)					
OTHER (e.g., TB Test, if indicated)					
OTHER					

PART III ADDITIONAL INFORMATION FROM HEALTH EXAMINER (optional) and RELEASE OF HEALTH INFORMATION BY PARENT OR GUARDIAN

RESULTS AND RECOMMENDATIONS
Fill out if patient or guardian has signed the release of health information.
☐ Examination shows no condition of concern to school program activities.
☐ Conditions found in the examination or after further evaluation that are of importance to schooling or physical activity are: (please explain)

I give permission for the health examiner to share the additional information about the health check-up with the school as explained in Part III.
☐ Please check this box if you do not want the health examiner to fill out Part III.

Signature of parent or guardian Date

Name, address, and telephone number of health examiner

Signature of health examiner Date

If your child is unable to get the school health check-up, call the Child Health and Disability Prevention (CHDP) Program in your local health department. If you do not want your child to have a health check-up, you may sign the waiver form (PM 171 B) found at your child's school.

PM 171 A (2007) (Bilingual)

CHDP website: www.dhs.ca.gov/av/aca/chdp

Immunizations



- Students must be fully immunized before entering kindergarten
- You must show proof of immunization when registering your child
- Exceptions include a medical exemption obtained through CAIR - Updates to requirements January 1, 2021

Kindergarten Immunization Requirements



Polio

4 Doses

3 doses ok if one dose
was given on or after
fourth birthday

DTAP

5 Doses

4 doses ok if one
dose was given on
or after fourth
birthday

MMR

2 Doses

Must be given on or
after first birthday

Hep. B

3 Doses

Varicella

2 Doses

Immunization Law Change for 2021-22 School Year

- Beginning January 1, 2021, doctors will use an electronic form available through the California Immunization Registry (CAIR). CAIR is a secure computer system that is already used across California that stores children's immunization (shot) records. The doctor can send the form to the child's parent or school, or the school can access the form through CAIR directly. Schools can only accept medical exemptions on the CAIR form. If you have questions or concerns about CAIR's system or forms, please contact your District Nurse.
- <https://cair.cdph.ca.gov/exemptions/home> or www.shotsforschool.org for more information

Hearing and Vision



- Students will have their hearing and vision screened in kindergarten
- This a state mandated requirement
- Subsequent screenings are done in 2nd, 5th and 8th grade

Specialized Health Needs

Action Plans

- Food Allergy Action Plan
- Insect Allergy Action Plan
- Asthma Action Plan

Forms are available from school health office

Contact district nurse for other medical needs or accommodations such as seizures, diabetes, or immunocompromised

Who is in the Health Office?

Ariel Madlambayan, LVN

Hours:

M, T, W, F 8:30am-1:30pm

Th 8:00am-1:00 pm

We look forward to supporting your child!



Kimberly Bryan, RN
kdbryan@capoused.org

=Kindergarten Teachers=

Miss Hensen



Mrs. Snyderman



Mrs. Hancock



Kindergarten Readiness

Social Skills

Can your child:

- share with others willingly?
- play alone without adult assistance?
- cooperate?
- finish what he/she starts?
- work individually and in small groups?
- ask questions?
- separate from a parent or caregiver and stay with another adult?



Kindergarten Readiness

Large Motor Skills

Does your child know how to:

- roll?
- throw and catch a ball?
- run, hop, jump, and gallop?
- swing?



Kindergarten Readiness Academic Skills

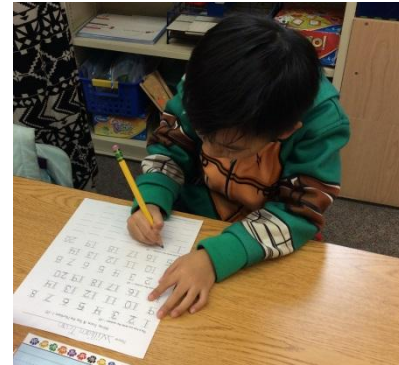
Your child demonstrates academic readiness when he or she:

- shows an interest in print and books
- writes name in upper and lower case letters
- uses pencils, crayons, and markers
- uses scissors correctly
- begins to draw and recognize objects



Academic Skills cont.

- counts 10 objects and recognizes numerals 1-10
- knows shapes and colors
- recognizes and names upper-case and lower-case letters out of sequence
- knows most letter sounds
- writes numbers to 10



General Readiness

Can your child:

- work individually and in small groups?
- listen to a story or participate in an activity and respond to questions related to that activity?
- follow simple two-step directions?
- color and draw?
- recognize his/her own name?
- write his/her own first name?



Verbal Communication



- Is your child's language clearly understood by other adults beyond family members?
- Does your child engage other children and adults in conversation?
- Can your child:
 - use oral language to express personal needs?
 - express himself/herself verbally?
 - speak in complete sentences?



Personal Autonomy & Hygiene Skills

Does your child:

- dress self, zip, button, snap?
- tie shoes/close Velcro fasteners?
- feed self?
- clean up after self?
- wash hands?
- use a tissue to wipe nose?
- attend to bathroom needs with total independence?



Schedule

This is a typical all-day Kindergarten schedule.

Time	Activity
7:45 - 7:50	Opening
7:50 - 9:20	Language Arts & Reading
9:20 – 9:40	Snack and Recess
9:40-10:50	Reading Groups, Math
10:50 – 11:30	Lunch
11:30 – 12:50	Chrome Books, Physical Education,, Science, Art
12:55– 1:10	Recess
1:10-1:55	Music, Social Skills
1:55	Kindergarten Dismissal
2:05	Grades 1-5 Dismissal



Registration

Verna Kanamori - Office Manager
vgkanamori@capousd.org

Amy Rieden - Elementary Clerk
acrieden@capousd.org



Packet Distribution

Thursday, January 26, 2023

Pick up your child's packet
in the front office:

Any time between
8:30am and 3:00pm

****School Dismissal is 12:40/12:50pm**
(avoid this time if you can, dismissal is very crowded)



PTA

Tracy Brown - PTA President

email:

sawyerandjack@yahoo.com



Kindergarten Supplies

Canyon Vista Elementary School

Attention Kindergarten Parents!

Our school will be offering families an opportunity to purchase school supply kits for the upcoming school year. The kit contains all the supplies requested by the Kindergarten teacher(s). Kits will be delivered to school in August.



Image is a representation of supplies; not exact items your child will need.

Easy Ordering Instructions

- ✓ Visit <https://www.write-stuff.com/storefront/school/cves>
- ✓ Select kit needed for the 2021-22 school year
- ✓ Enter student information
- ✓ Follow prompts to check out!

This program is one of many sponsored by the Parent Teacher Association.

Questions??? Please contact

Courtney Barry at courtneywbarry@gmail.com



YMCA

Blanca Valenzuela
(949) 831-1264

bvalenzuela@ymcaoc.org



Canyon Vista YMCA

Blanca Valenzuela, Director of Child & Youth Development

Sonia Rojas, Assistant Director of Child & Youth Development



About the YMCA

Before & After School Program

- Licensed Facility 1:14 ratio
- 4.9 years to 12 years old
- Opened during most holidays
 - *Breaks added for additional fee*
- Kinder Pick Up Procedures
- Clubs: Art, Drama, Sports, STEM, etc.
- Typical Schedule includes a Snack, Outside Game, Inside Activity and Recreational Centers
 - *Homework Assistance*
- Afternoon Snack:
 - Examples:
 - Yogurt with String Cheese
 - Whole Grain Goldfish and Peaches
- Business Hours:
 - 6:45am-6:00pm Monday through Friday
 - *Currently before and after school only*



Canyon Vista YMCA Contact Information

Canyon Vista YMCA

27800 Oak View Dr.

Aliso Viejo, CA 92656

(949) 831-1264

Director Contact Information

Blanca Valenzuela bvalenzuela@ymcaoc.org

Sonia Rojas srojas@ymcaoc.org



Questions?

Thank you
for being here today

