

Kindergarten Roundup

Canyon Vista Elementary School

"Home of the Crocodiles" February 3, 2022





CUSD Health Requirements

Kimberly Bryan District Nurse

kdbryan@capousd.org









School and Your Child's Health La escuela y la salud de su hijo



Kindergarten Orientation *Orientación de Kindergarten*

When to keep your child home Cuándo debe quedarse su hijo en casa

- Temperature of 100.4
 Temperatura de 100.4
- Vomiting and/or diarrhea
 Vómitos y/o diarrea
- Undiagnosed rash
 Sarpullido no diagnosticado
- Unusually red eyes with drainage (not allergy related)
 Ojos anormalmente enrojecidos con secreción (no relacionados con la alergia)
- Other symptoms of illness/ cold symptoms (cough, sore throat, congestion, etc.)
 Otros síntomas de enfermedad o de resfriado (tos, dolor de garganta, congestión, etc.)

Health at School • La salud en la escuela •

Health at School - When to keep your child home



Fever (≥100.4°F)



Sore throat



Cough



Congestion/runny nose



Headache



Difficulty breathing



Nausea/vomiting/diarrhea



Fatigue/muscle or body aches



Loss of taste/smell

Medication at School *Medicamentos en la escuela*

- Requires doctor's order/parent consent form
 Requiere la orden de un médico o un formulario de consentimiento de los padres
- Should be dropped off by parent to front office
 Debe ser entregado por los padres a la oficina de la escuela
- Must be in original container with pharmacy label
 Debe estar en el envase original con la etiqueta de la farmacia
- Kept in a locked cabinet in the health office
 Guardado en un gabinete cerrado con llave en la enfermería de la escuela



Report of Health Examination Informe de Examen Médico

Complete after February 16, 2022

<u>Realizado después del 16 de febrero</u>

de 2022

CUSD recommends this be completed before entry into Kindergarten or 1st grade CUSD recomienda completarlo antes de entrar a kindergarten o 1.º grado

Blank form is in kindergarten packet El formulario en blanco está en el paquete de kindergarten

Can be completed at same time as a well child visit Puede completarse al mismo tiempo que el informe de examen médico del niño

school will keep and maintain it as confider PART I TO BE FILLED OUT BY A P		DIAN							_	
CHILD'S NAME—Last	First		Middle			8	BIRTH DATE—MontlyDay/Year			
ADDRESS—Number, Street City		City	ZIP code		SCHOOL					
PART II TO BE FILLED OUT BY HE	AI TH FYAMINER									
HEALTH EXAMINATION	ALTH EXPANIACIO	IMMUNIZATION RECO	20							
NOTE: All teets and evaluations except the must be done after the child is 4 years and 3		Note to Examiner: Please Note to School: Please	ase give the family	a completed of	or updated yellow	w California in	nmunization Rounization Rec	ecord. ord (PM 286).		
REQUIRED TESTS/EVALUATIONS	DATE (mm/dd/yv)	1		West and	DATE EACH DOSE WAS GIVEN					
Health History	1 1		VACCINE			Second	Third	Fourth	F	
Physical Examination	1 1				First		-		-	
Dental Assessment	1 1		POLIO (OPV or IPV)			-	_		\vdash	
Nutritional Assessment	1 1		DtaP/DTP/DT/Td (diphtheria, tetanus, and [aceilular] pertussis) OR (tetanus and diphtheria only)							
Developmental Assessment	77									
Vision Screening			MMR (measies, mumps, and rubella)						1	
Audiometric (hearing) Screening	7 7		HIB MENINGITIS (Haemophilus Influenzae B) (Regulred for child care/preschool only)							
TB Risk Assessment and Test. If Indicated			HEPATITIS B							
Blood Test (for anemia)							_	1		
Urine Test		VARICELLA (Chicken)	VARICELLA (Chickenpox)						_	
Blood Lead Test		OTHER (e.g., TB Test,	OTHER (e.g., TB Test, if Indicated)							
Other	, ,	OTHER	OTHER							
									_	
PART III ADDITIONAL INFORMATIO	N FROM HEALTH	EXAMINER (optional) a	nd RE		HEALTH INFO					
RESULTS AND RECOMMENDATIONS Fill out if patient or guardian has signed the rele Examination shows no condition of concern Conditions found in the examination or after physical activity are: (please explain)	to school program ac	tivites.	check-up with th		u do not want ti		niner to fil out	Part III.		
			Name, address,	and telephon	e number of hea	ith examiner				

Immunizations *Vacunas*



- Students must be fully immunized before entering kindergarten
 - Los estudiantes deben estar completamente vacunados antes de entrar a kindergarten
- You must show proof of immunization when registering your child
 - Debe presentar la prueba de vacunas cuando inscriba a su hijo
- Exceptions include a permanent medical exemption or a temporary medical exemption- Updates to requirements January 1, 2021

Las excepciones incluyen una exención médica permanente o una exención médica temporal- Actualización de los requisitos del 1 de enero de 2021

Kindergarten Immunization Requirements Requisitos de vacunas para el Kindergarten



3 doses ok if one dose was given on or after fourth birthday was given on or after

3 dosis, si una se ha administrado durante o después del cuarto cumpleaños

4 doses ok if one dose fourth birthday

4 dosis, si una se administró en el cuarto cumpleaños o después

Must be given on or after first birthday

Debe administrarse en o después del primer cumpleaños

3 Doses/dosis 2 Doses/dosis

Regarding Medical Exemptions for Immunizations

Respecto a las exenciones médicas para las vacunas

- The California Immunization Registry Medical Exemption web site is a secure site for physicians to issue and manage standardized medical exemptions for children in school or child care. Parents use the same site to request medical exemptions from vaccination for their children. Schools and child care facilities can monitor and get updates for medical exemptions issued for children in attendance. The school will not be able to print a copy of the actual medical exemption so it still must be printed by the Physician's office and delivered to the school.
- El sitio web del Registro de Vacunas de California para exenciones médicas es un sitio seguro para que los médicos emitan y gestionen exenciones médicas estandarizadas para los niños que asisten a la escuela o a centros de cuidado de niños. Los padres utilizan este mismo sitio para solicitar exenciones médicas de vacunas para sus hijos. Las escuelas y los centros de cuidado de niños pueden controlar y obtener actualizaciones de las exenciones médicas emitidas para los niños que asisten a dichos lugares. La escuela no puede imprimir una copia de la exención médica real, de manera, que deberá ser impresa por el consultorio médico y presentada en la escuela.

Visit/visite https://cair.cdph.ca.gov/exemptions/home for more information/para obtener más información

Hearing and Vision Audición y visión



- Students will have their hearing and vision screened in kindergarten/ transitional kindergarten
 - A los estudiantes se les examinará la audición y la visión en el kindergarten o kindergarten transicional.
- This is a state mandated requirement
 Este es un requisito exigido por el
 Estado
- Subsequent screenings are done in 2nd, 5th and 8th grade
 - Se realizan exámenes posteriores en 2.º, 5.º y 8.º grado

Specialized Health Needs Necesidades de Salud Especializadas

Action Plans Planes de Acción

- Food Allergy Action Plan / Plan de acción para las alergias alimenticias
- Insect Allergy Action Plan / Plan de acción para las alergias a los insectos
- Asthma Action Plan / Plan de acción para el asma

Forms are available from school health office Los formularios están disponibles en la enfermería de la escuela

Contact district nurse for other medical needs or accomodations

Comuníquese con la enfermera del distrito para otras necesidades médicas o adaptaciones

— Who is in the Health Office?

¿Quién está a cargo de la enfermería de la escuela?

LVNName of Staff: Ariel Madlambayan, LVN

Hours:

M, T, W, F 8:30-1:30

Th 8:00-1:00

We look forward to supporting your child! *¡Nos complace poder ayudar a su hijo*



Kimberly Bryan, RN kdbryan@capousd.org

We look forward to supporting your child!



Kimberly Bryan, RN kdbryan@capousd.org

Teachers

Mrs. Spak





Mrs. Snyderman

Mrs. Hancock











Kindergarten Readiness Social Skills

Can your child:

- share with others willingly?
- play alone without adult assistance?
- cooperate?
- finish what he/she starts?
- work individually and in small groups?
- ask questions?
- separate from a parent or caregiver and stay with another adult?









Kindergarten Readiness Large Motor Skills

Does your child know how to:

- roll?
- throw and catch a ball?
- run, hop, jump, and gallop?
- swing?











Kindergarten Readiness Academic Skills

Your child demonstrates academic readiness when he or she:

- shows an interest in print and books
- writes name in upper and lower case letters
- uses pencils, crayons, and markers
- uses scissors correctly
- begins to draw and recognize objects







Academic Skills cont.

- counts 10 objects and recognizes numerals 1-10
- knows shapes and colors
- recognizes and names upper-case and lower-case letters out of sequence
- knows most letter sounds
- writes numbers to 10











General Readiness

Can your child:

- work individually and in small groups?
- listen to a story or participate in an activity and respond to questions related to that activity?
- follow simple two-step directions?
- color and draw?
- recognize his/her own name?
- write his/her own first name?









Verbal Communication

- Is your child's language clearly understood by other adults beyond family members?
- Does your child engage other children and adults in conversation?
- Can your child:
 - use oral language to express personal needs?
 - express himself/herself verbally?
 - o speak in complete sentences?









Personal Autonomy & Hygiene Skills



Does your child:

- dress self, zip, button, snap?
- tie shoes/close Velcro fasteners?
- feed self?
- clean up after self?
- wash hands?
- use a tissue to wipe nose?
- attend to bathroom needs with total independence?







Schedule

This is a typical all-day Kindergarten schedule.

Time	Activity			
7:45 - 7:50	Opening			
7:50 - 9:20	Language Arts & Reading			
9:20 - 9:40	Snack and Recess			
9:40-10:50	Reading Groups, Math			
10:50 – 11:30	Lunch			
11:30 – 12:50	Chrome Books, Physical Education,,			
	Science, Art			
12:55– 1:10	Recess			
1:10-1:55	Music, Social Skills			
1:55	Kindergarten Dismissal			
2:05	Grades 1-5 Dismissal			









Registration

Verna Kanamori - Office Manager vgkanamori@capousd.org

Amy Rieden - Elementary Clerk acrieden@capousd.org









Packet Distribution Friday, February 4, 2022



Pick up your child's packet in the front office:



Any time between 8:30am and 3:00pm



**School Dismissal is 1:55/2:05

(avoid this time if you can, dismissal is very crowded)



PTA



email:

sawyerandjack@yahoo.com

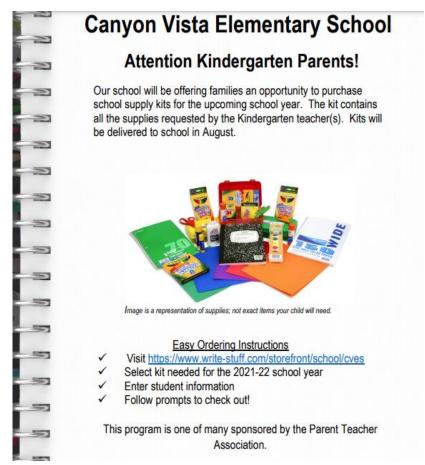








Kindergarten Supplies



Questions? Contact: Courtney Barry at courtneywbarry@gmail.com









YMCA

Charmaine Foree (949) 831-1264

cforee@ymcaoc.org









Canyon Vista YMCA

Charmaine Force, Director of Child Youth and Development



COVID Policy

Mask Policy: Per the Orange County Health Care Agency, children are required to have a mask to participate in our programs. The children are required to wear the mask when 6 feet of distancing is not feasible.

Check in Process:

- When arriving on campus adults and children are required to wear their masks.
- Parents will need to ensure that children wash their hands or use hand sanitizer before entering the program.
- At the check in table, parents must wait for their child to have their temperature taken by a YMCA staff.
- If a temperature reads 100.4 or higher, the child will not be able to enter the program.
- Parents are not allowed in the classroom as to limit the amount of people entered the facilities.

<u>Cleaning procedures:</u> We clean every hour in the classroom as well as the school restrooms. We also wash hands before and after eating/activities and games.

About the YMCA program

- · Licensed Facility 1:14 ratio
- 4.9 years to 12 years old
- · Holidays are included
 - Breaks are added for additional fee
- Picking up Kinder from Classroom
- Clubs: Art, Drama, Science, Cooking, Photography, etc.
- Typical Schedule includes a Snack, Outside Game, Inside Activity and Recreational Centers
 - Homework and Distance Learning Assistance
- Provide Afternoon Snack:
 - ex: Yogurt and apples / Whole Grain Goldfish and Peaches
- · Business Hours:
 - 6:45am-6:00pm Monday through Friday
 - Currently before and afterschool only

Contact Information

- Phone: (949) 831.1264
- Email: cforee@ymcaoc.org



Questions?

Please use the CHAT feature.





